

September

2019

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1	2 Labor Day- No Meal	3 Chicken Bruschetta Seasoned Red Potatoes Roasted Cauliflower	4 Beef Stroganoff Egg Noodles Buttered Peas Dinner Roll	5 Lemon Garlic Chicken Legs Herbed Green Beans Roasted Garlic Mashed Potatoes	6	7
8	9 Chicken & Chipotle Pasta Garden Salad Garlic Bread	10 Mississippi Mud Beef Roast Mashed Sweet Potatoes Buttered Corn	11 Jalapeno Stuffed Pork Loin Cilantro Lime Rice Vegetable Pasta Salad	12 Spinach & Cream Cheese Stuffed Chicken Breast Italian Mac & Cheese Honey Carrots	13	14
15	16 Meat Loaf Cheese Pimento Mashed Potatoes Herbed Green Beans	17 Creamy Garlic Chicken Casserole w/ Broccoli & Rice Crunchy Chopped Salad	18 Italian Meat balls with Pesto Pasta Roasted Brussel Sprouts Garlic toast	19 Pork Medallions in a Creamy Wine Sauce Creamed Spinach Angel Hair Pasta	20	21
22	23 Beef, Broccoli & Noodle Stir Fry Asian Green Salad Egg Roll	24 Crispy Cheddar Chicken Breast Orzo Pasta Salad Brown Butter Steamed Broccoli	25 Loaded Macaroni & Cheese Strawberry Spinach Salad Garlic Bread	26 Creamy Chicken a la King with Homemade Biscuits Kale Caesar Salad	27	28